Mental Illness in AuStralia

Every year, 1 in 5 Australians develop a mental illness.

20% of Australians will experience depression in their lifetime.

15% of people with an untreated mental illness commit suicide.

Every year, two-thirds of people with a mental illness do not receive treatment.

Employees with mental illness can be successful in the workplace.

Anyone can develop a mental illness.

Anxiety disorders affect 14% of Australians every year.

Be Proactive and Talk About Mental Illness.

45% of Australians will experience a mental illness in their lifetime.

Most people fully recover from mental illness, if they receive help.

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